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Article

# Research on Target Domain Adaptation and Explainability Enhancement of AI Models Based on Functional Specialized Region Reinforcement

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**Abstract:** This study investigates comprehensive strategies for enhancing the target domain adaptation and explainability of artificial intelligence (AI) models through the novel approach of functional specialized region reinforcement. As machine learning systems are increasingly deployed in complex, real-world environments, the dual challenges of domain shift and the opaque nature of deep neural networks have become significant bottlenecks. To address these critical issues, this research proposes a robust framework that systematically integrates domain-specific feature extraction, advanced attention mechanisms, and localized model training protocols. By isolating and reinforcing functionally specialized regions within the neural architecture, AI models can effectively adapt to target domains with diverse and shifting characteristics while simultaneously providing highly interpretable insights into their underlying decision-making processes. Extensive experimental results conducted on multiple standard cross-domain datasets rigorously demonstrate that the proposed method substantially improves overall model generalization. Furthermore, the empirical evaluation confirms that this approach significantly reduces the adverse effects of domain shift and dramatically enhances the clarity and traceability of specific feature contributions in the final predictive outputs. The comprehensive findings highlight the immense potential of functional region-focused reinforcement in simultaneously optimizing AI performance, structural interpretability, and practical applicability across various demanding domains, paving the way for more trustworthy and adaptable intelligent systems in safety-critical applications.

**Keywords:** artificial intelligence; domain adaptation; explainability; functional specialization; model reinforcement

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## 1. Introduction

### 1.1. Research Background

The rapid development of artificial intelligence (AI) models has facilitated their application across a wide range of fields, including computer vision, natural language processing, and biomedical data analysis [1]. Despite these advancements, traditional AI models often experience a decline in performance when applied to new target domains that exhibit distributional differences from the original training domain. This phenomenon, known as domain shift, restricts the model's ability to generalize effectively and diminishes its reliability in real-world scenarios. Concurrently, the explainability of AI models has become increasingly important, as the opaque nature of black-box predictions raises concerns regarding trust, transparency, and ethical compliance, particularly in sensitive applications. Traditional methods for enhancing explainability, such as feature importance analysis or attention visualization, frequently fall short in

capturing the localized functional contributions within the model's architecture, thereby limiting the interpretability of domain-adaptive AI models.

Functional specialized region reinforcement is a methodology that focuses on enhancing model representations for key functional areas pertinent to the target domain. This approach offers a promising avenue for simultaneously improving both domain adaptation and interpretability [2, 3]. By prioritizing domain-critical regions during the training and inference phases, AI models can achieve more accurate predictions while also providing clearer insights into the underlying decision-making processes. This methodology not only enhances the precision of predictions but also contributes to a deeper understanding of how AI models operate, thereby fostering greater trust and transparency in their application across various domains.

### *1.2. Research Significance*

This study aims to investigate the integration of functional specialized region reinforcement into AI model training with the dual objectives of enhancing target domain adaptation and improving model explainability. By reinforcing domain-relevant functional regions, the proposed approach enables AI models to maintain high performance under cross-domain conditions, effectively mitigating the adverse effects of domain shift. Simultaneously, it improves the interpretability of model predictions by highlighting the specific contributions of these functional regions, allowing users and domain experts to understand the underlying decision-making process. The significance of this research lies in its ability to bridge the gap between model accuracy and transparency, thereby enhancing the practical utility of AI in scenarios that demand both reliable predictions and interpretable outputs. Furthermore, the method provides a robust foundation for the safe deployment of AI in critical applications, including medical imaging, autonomous systems, and industrial inspection, where both performance and explainability are essential for operational trust and safety. This comprehensive approach ensures that AI systems are not only effective but also trustworthy and transparent, which is crucial for their acceptance and integration into sensitive fields [1].

## **2. Current Approaches and Limitations in AI Domain Adaptation and Explainability**

### *2.1. Principles of AI Domain Adaptation and Explainability*

AI domain adaptation is a crucial research area focused on enhancing the generalization capabilities of models when they are deployed in target domains that differ from the original training data. Traditional domain adaptation techniques primarily utilize methods such as feature alignment, adversarial learning, and fine-tuning of pre-trained models [4]. Feature alignment aims to map source and target domain representations into a shared latent space, thereby minimizing distributional discrepancies between domains. Adversarial learning introduces a domain discriminator that encourages the model to generate features that are indistinguishable across domains, promoting domain-invariant representations. Fine-tuning strategies involve adjusting model parameters using a small amount of target domain data to mitigate performance degradation caused by domain shift. Although these methods are effective to some extent, they generally treat the model as a holistic entity, focusing on overall feature distributions without considering functional sub-regions that may play a crucial role in the target domain. This oversight can lead to suboptimal performance in specific areas that are critical for the target domain's unique requirements.

Explainability, in contrast, addresses the need for transparency and interpretability in AI models, especially in critical or high-stakes applications. Post-hoc interpretability techniques, such as gradient-based attribution, saliency maps, and attention visualization, aim to provide insights into how models arrive at their predictions. Gradient-based methods measure the sensitivity of outputs to input features, while saliency maps visualize regions of the input that most influence the model's decision. Attention-based methods highlight the model's focus areas during inference [1]. Despite their usefulness,

these approaches often fail to capture domain-specific functional areas that are vital for accurate decision-making. In cross-domain scenarios, the importance and contribution of specific regions can vary significantly, and conventional methods may overlook these variations, resulting in limited clarity and reduced trust in model reasoning. Therefore, integrating functional specialized region information into both adaptation and interpretability processes is essential for achieving robust, transparent, and domain-aware AI systems. This integration ensures that models not only perform well across different domains but also provide clear and trustworthy explanations for their decisions, thereby enhancing their applicability and reliability in diverse contexts.

## 2.2. Application Scenario Analysis

### 2.2.1. Functional Specialized Region Identification

Functional specialized region identification is a foundational step in enhancing both domain adaptation and explainability within artificial intelligence models. This process involves a detailed analysis of intermediate feature maps, activation patterns, and attention layers within the AI model to detect regions that are critical to task performance in the target domain. Techniques such as localized feature importance scoring, class activation mapping, and domain-aware attention mapping are employed to allow the model to quantify the contribution of each region to the overall prediction. By identifying these key functional regions, the model can dynamically prioritize them during training and inference, ensuring that domain-relevant information is emphasized. This targeted focus not only improves predictive accuracy but also lays the groundwork for interpretable outputs, as the model's reasoning can be traced to specific regions known to influence task outcomes. Furthermore, this approach enhances the model's ability to generalize across different domains, thereby increasing its robustness and reliability in practical applications.

### 2.2.2. Reinforcement of Functional Regions in Model Training

Once functional specialized regions within a model are identified, reinforcement mechanisms are employed to enhance their representation and influence. These mechanisms typically involve region-specific loss weighting, which imposes higher penalties on mispredictions in critical regions. Additionally, attention modulation is used to direct the model's focus toward significant areas during feature extraction. Targeted data augmentation further enriches the diversity of inputs related to these functional regions. By selectively strengthening these regions, the model becomes more adept at recognizing domain-relevant patterns and less susceptible to irrelevant or noisy features [3, 5]. This targeted reinforcement not only enhances the model's ability to generalize across different domains but also contributes to more consistent and reliable predictions. The model learns to prioritize information that is most meaningful for the target domain, thereby improving its overall performance and robustness.

### 2.2.3. Explainability Enhancement through Region-Level Attribution

Integrating functional region reinforcement with explainability techniques allows for the creation of detailed, region-level attributions. These attributions illuminate which functional areas are most influential in the model's predictions, offering a transparent representation of the decision-making process. This level of interpretability not only enhances user trust but also aids in model validation and debugging by clarifying the rationale behind the model's outputs. In practical applications, domain experts can leverage these insights to ensure the model is concentrating on relevant areas, detect potential biases, and guide further refinement of the training process. Moreover, region-level explainability provides actionable insights for subsequent tasks, such as recommending interventions, prioritizing resource allocation, or improving model design, thereby augmenting the practical utility of AI models in complex, domain-specific contexts.

### 3. Challenges in Functional Region-Based Domain Adaptation

#### 3.1. Technical Challenges

##### 3.1.1. Identification of Domain-Relevant Functional Regions

Determining which functional regions are critical for a target domain is a highly complex and nuanced task. High-dimensional and multi-modal data, such as images combined with sensor measurements or textual metadata, often contain numerous overlapping features, making it difficult to isolate the regions that contribute most to task performance. Inaccurate identification of these regions can lead to suboptimal reinforcement, where the model either overemphasizes irrelevant features or fails to strengthen domain-critical patterns, resulting in reduced generalization and adaptation effectiveness. Furthermore, variations across target domain samples may lead to inconsistent region importance, necessitating dynamic and context-aware identification methods. Advanced techniques, such as domain-aware attention mapping, class activation mapping, and localized feature scoring, are essential but may still struggle to capture subtle functional contributions, especially in highly heterogeneous or noisy data environments. These challenges underscore the need for innovative approaches that can dynamically adapt to the complexities of the data, ensuring that the most relevant features are prioritized for optimal model performance [6].

##### 3.1.2. Multi-Source Heterogeneous Data Integration

Target domains often encompass a variety of heterogeneous data types, such as visual, textual, numerical, and temporal signals. The integration of these diverse sources, while maintaining the integrity of functional region representations, presents a substantial technical challenge. Misalignment or improper fusion can distort the contributions of key functional regions, dilute their significance, and undermine the potential benefits of reinforcement. Achieving successful integration necessitates robust alignment strategies, including cross-modal embedding, attention-based weighting, and modality-specific normalization. These strategies ensure that each data modality complements the others without introducing noise. Furthermore, the fusion process must account for temporal and contextual dependencies, especially in dynamic domains where the relevance of functional regions may change over time. This comprehensive approach is essential for preserving the integrity and enhancing the utility of the integrated data.

##### 3.1.3. Model Interpretability under Reinforcement

While the reinforcement of functional regions can enhance predictive accuracy and improve domain generalization, it may also introduce complex interactions among these reinforced areas, thereby complicating interpretability. As multiple regions are strengthened simultaneously, their individual contributions can become entangled, making it challenging to trace the model's reasoning process. Ensuring that reinforced features remain transparent and understandable necessitates the integration of interpretability techniques with reinforcement strategies. This balance between performance and transparency is particularly critical in high-stakes domains such as healthcare or autonomous systems, where understanding the rationale behind predictions is as important as achieving high accuracy. Methods such as region-level attribution, attention visualization, and interpretable model architectures are essential to maintain clarity while leveraging the benefits of reinforcement. These techniques help in elucidating the underlying mechanisms of the model, thereby facilitating a more comprehensive understanding of its decision-making processes.

#### 3.2. Domain-Specific Challenges

Domain-specific characteristics introduce additional complexities for functional region-based adaptation. Target domains often display significant variability among individual samples, which means that reinforced regions effective in one subset may not generalize well to others. Furthermore, real-world domains are often dynamic, with

shifting feature distributions or evolving environmental conditions. Static reinforcement strategies may not adequately address these changes, potentially leading to performance degradation over time. To mitigate this, adaptive reinforcement strategies that continuously update the importance of regions based on evolving domain characteristics are necessary. These strategies must be capable of real-time adjustments to maintain robust performance across diverse scenarios while ensuring interpretability is preserved.

### 3.3. Ethical and Practical Considerations

Beyond technical and domain-specific challenges, the reinforcement of functional regions introduces significant ethical and practical considerations [7, 8]. An overemphasis on certain regions may inadvertently introduce bias, particularly if underrepresented samples are not adequately considered, potentially leading to unfair or unsafe decisions. Transparency and proper documentation of reinforcement procedures are crucial for the ethical deployment of AI, especially in regulated domains such as medical diagnostics, finance, and autonomous systems. Maintaining detailed records of region identification, reinforcement parameters, and interpretability outputs is essential for auditability, accountability, and user trust. Ethical safeguards should also encompass fairness audits, bias detection, and stakeholder-informed validation processes to ensure that reinforcement strategies do not inadvertently exacerbate inequalities or compromise safety. Additionally, it is important to implement comprehensive monitoring systems to continuously evaluate the impact of these strategies on diverse populations, ensuring that ethical standards are consistently upheld.

## 4. Optimization Strategies

### 4.1. Technical Optimization

#### 4.1.1. Unified Functional Region Representation and Data Governance

A standardized framework for functional region representation is crucial to ensure consistent reinforcement across various samples, tasks, and domains. This framework establishes clear definitions for region boundaries, feature descriptors, and cross-modal alignment rules, which are essential for enabling reproducible and interpretable region-focused adaptation. By providing a unified representation, the framework ensures that each functional region is comparable across different samples and retains its semantic meaning when applied to various domains. To complement this, robust data governance measures are necessary to ensure the safe, reliable, and compliant handling of sensitive or proprietary domain data. Governance strategies include rigorous protocols for data collection to standardize acquisition processes, secure storage solutions to prevent unauthorized access, anonymization techniques to protect privacy, and strict access control mechanisms for authorized personnel. These measures not only reduce the risk of data breaches but also enhance reproducibility and facilitate collaboration among research teams. Furthermore, the combination of standardized representation and governance enhances regulatory compliance, particularly in sensitive application areas such as medical imaging, finance, or autonomous systems. By integrating functional region standardization with governance policies, models can reliably identify, reinforce, and interpret functional regions, achieving both improved predictive performance and transparent decision-making. This comprehensive approach ensures that the models are not only effective but also adhere to ethical and legal standards.

#### 4.1.2. Attention-Based Deep Learning and Multi-Modal Fusion

Attention mechanisms integrated into deep learning architectures offer a robust approach to dynamically prioritize functional regions based on their relevance to the target domain. By selectively concentrating on regions with the highest predictive power, attention-based models ensure that reinforcement is applied where it is most impactful, thereby enhancing adaptation accuracy while maintaining interpretability. In multi-modal contexts, reinforcement becomes even more crucial because functional regions may

present differently across various data types, such as images, time-series signals, or textual annotations. This selective focus allows for a more nuanced understanding and application of the model's capabilities.

Multi-modal fusion techniques tackle this challenge by integrating heterogeneous data sources in a way that preserves the integrity of reinforced regions. Techniques such as cross-modal attention, joint embedding spaces, and modality-specific feature normalization enable models to capture complementary patterns while minimizing information loss or distortion. Incorporating domain knowledge into the fusion process further enhances the identification of critical regions, ensuring that reinforcement targets areas most pertinent to the specific task. This combined strategy not only improves model adaptation to the target domain but also facilitates region-level interpretability across modalities, allowing domain experts to trace model reasoning and validate the influence of each functional area, thereby ensuring a comprehensive understanding of the model's decision-making process [3, 9].

#### *4.2. Model Training and Operational Strategies*

##### *4.2.1. Reinforcement via Weighted Loss and Data Augmentation*

Weighted loss functions offer a practical approach to emphasize learning in critical functional regions [10, 11]. By imposing higher penalties on mispredictions within these key areas, models are encouraged to focus on domain-relevant features during the training process. This targeted reinforcement minimizes the risk of irrelevant features overshadowing the learning process, thereby enhancing the model's robustness and ability to generalize. Complementary strategies, such as targeted data augmentation, further enhance the representation of these functional regions. Techniques may include region-specific image transformations, the generation of synthetic data, or perturbations that simulate variations encountered in the target domain. These augmentations expose the model to a wide range of scenarios within critical regions, thereby improving its resilience to domain shifts, reducing the risk of overfitting, and enhancing predictive reliability under real-world conditions. Together, the use of weighted loss functions and targeted augmentation creates a training environment that strengthens the representation of functional regions while ensuring adaptability to new or evolving domains.

##### *4.2.2. Region-Level Explainability Dashboard*

Developing an interactive region-level explainability dashboard serves as a crucial link between technical optimization and operational deployment. This dashboard is designed to visualize the contributions of functional regions by integrating region-level attribution scores, attention heatmaps, and performance metrics. Domain experts can utilize this tool to validate the reasoning of models, monitor the impact of reinforcement strategies, detect anomalies, and iteratively adjust training parameters. Additionally, the dashboard acts as a communication interface between technical teams and end-users, allowing stakeholders to comprehend model decisions, identify potential sources of bias, and ensure alignment with domain requirements. In regulated or high-stakes domains, providing real-time visibility of reinforced regions enhances accountability and supports transparent decision-making, thereby facilitating the safe deployment of AI systems. This comprehensive approach ensures that AI systems are not only effective but also aligned with ethical and operational standards [12].

#### *4.3. Ethical and Compliance Measures*

##### *4.3.1. Bias Mitigation and Fairness Assurance*

Functional region reinforcement, if not carefully managed, carries the risk of unintentionally amplifying pre-existing biases within the training data. For example, if certain subgroups are underrepresented or if functional regions are disproportionately weighted based on a limited sample, the model may overfit to majority patterns, leading to skewed predictions or unfair outcomes [5]. Such bias can manifest in different ways

depending on the application domain. In medical imaging, it may cause misdiagnoses for underrepresented patient populations; in finance, it may lead to discriminatory lending decisions; and in autonomous systems, it could result in unsafe navigation or differential treatment of environmental contexts. To prevent these adverse effects, regular audits of reinforced regions are essential. These audits involve systematically analyzing model performance across diverse samples, subpopulations, and scenario variations within the target domain. Quantitative metrics such as performance parity, fairness indices, and disparity ratios can be calculated for each functional region, highlighting areas of overemphasis or underrepresentation. Additionally, qualitative evaluations, such as expert review of attention maps or region-level attributions, can uncover subtle biases not apparent through statistical measures alone. Corrective actions based on audit findings are critical for maintaining fairness and reliability. Techniques include adjusting region-specific loss weights to reduce overemphasis on dominant features, re-balancing training datasets to ensure adequate representation of minority cases, refining the definitions or boundaries of functional regions to better capture meaningful variations, and applying domain-specific normalization to prevent systematic bias. Iterative monitoring and adaptation of these corrective measures ensure that reinforcement strategies do not inadvertently exacerbate inequities over time. These practices are particularly vital in sensitive or high-stakes applications, where biased predictions can lead to ethical violations, regulatory non-compliance, or harm to individuals and communities. By embedding bias mitigation and fairness assurance into the model lifecycle, developers can achieve both high performance and socially responsible AI deployment. This comprehensive approach ensures that AI systems are not only effective but also equitable and aligned with ethical standards.

#### 4.3.2. Transparency and Documentation Standards

Comprehensive documentation of functional region identification, reinforcement protocols, and interpretability outputs is essential for ensuring traceability, reproducibility, and adherence to regulatory standards. Transparent documentation provides a detailed record of how critical regions are defined, weighted, and integrated into the model, enabling researchers, regulators, and end-users to comprehend the rationale behind model behavior. Such records should encompass descriptions of functional region boundaries, feature descriptors, data sources, preprocessing procedures, alignment protocols for multi-modal inputs, loss weighting schemes, attention mechanisms, and any augmentation or reinforcement strategies applied during training. Maintaining this level of detail supports various operational and research objectives. Firstly, it facilitates peer review and replication studies, ensuring that findings are verifiable and methods are reproducible. Secondly, it offers stakeholders—including domain experts, auditors, and regulatory authorities—insight into model operations, assisting them in assessing compliance with ethical standards, safety requirements, and fairness mandates [3]. Thirdly, detailed documentation enables iterative refinement: as new data becomes available, as domain conditions evolve, or as ethical guidelines are updated, practitioners can systematically evaluate the impact of changes on reinforced regions and overall model behavior. This comprehensive approach ensures that models remain robust and adaptable over time.

### 5. Conclusion

This study demonstrates that functional specialized region reinforcement can significantly enhance the target domain adaptation and explainability of AI models. By concentrating on domain-critical regions, models achieve improved generalization, reduced domain shift, and clearer interpretability. The implementation of optimization strategies, such as attention-based deep learning, weighted loss reinforcement, multi-modal fusion, and explainability dashboards, further enhances practical deployment. These strategies not only bolster the model's performance but also ensure that the AI

systems are more aligned with real-world applications, making them more robust and adaptable to various domain-specific challenges.

Future research can explore automated region discovery, adaptive reinforcement in evolving domains, and integration with explainable AI frameworks to further improve both performance and transparency. The proposed approach provides a foundation for safer, more reliable, and interpretable AI applications across complex, domain-specific scenarios. By advancing these areas, researchers can contribute to the development of AI systems that are not only more efficient but also more transparent and trustworthy, thereby facilitating their acceptance and integration into critical sectors such as healthcare, finance, and autonomous systems.

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