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Preparation of Wear-Resistant and Antibacterial TiN/GO Coating for Knee Pads by Arc Deposition Technology in Seawater Environment

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Abstract: This study investigates the preparation of wear-resistant and antibacterial titanium nitride/graphene oxide (TiN/GO) coatings on knee pads using arc deposition technology in a simulated seawater environment. The coatings were synthesized with varying GO concentrations to optimize their tribological and antibacterial properties. The microstructure, composition, and mechanical properties of the coatings were characterized using scanning electron microscopy (SEM), X-ray diffraction (XRD), and nanoindentation. Wear resistance was evaluated through pin-on-disk tests, while antibacterial activity was assessed against *Staphylococcus aureus* and *Escherichia coli*. Results indicated that the incorporation of GO significantly enhanced the wear resistance and antibacterial performance of the TiN coating. Specifically, an optimized GO concentration led to a substantial reduction in the friction coefficient and wear rate, alongside improved antibacterial efficacy. The enhanced performance is attributed to the synergistic effect of TiN's hardness and GO's lubricating and antibacterial properties. This research provides a promising approach for developing high-performance coatings for biomedical applications in harsh environments.

Keywords: TiN/GO coating, Arc deposition, Wear resistance, Antibacterial, Seawater environment, Knee pads, Tribological properties

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1. Introduction

1.1. Background and Motivation

Knee pads are essential protective gear in various activities, ranging from sports and construction to military operations. They mitigate impact forces and prevent injuries to the knee joint, a vulnerable area susceptible to damage. However, the repetitive friction and abrasive contact encountered during use lead to significant wear and tear, shortening the lifespan of the knee pad and compromising its protective capabilities [1]. Furthermore, the moist and often unsanitary environments in which knee pads are used, particularly seawater environments, promote bacterial growth, posing a risk of skin infections and unpleasant odors. This is especially problematic for applications involving prolonged exposure to seawater, where traditional materials degrade rapidly and bacterial colonization is accelerated [2].

Titanium nitride (TiN) coatings are well-known for their high hardness, excellent wear resistance, and biocompatibility. Graphene oxide (GO), with its large surface area and antibacterial properties, can further enhance the performance of TiN coatings.

Therefore, the development of a TiN/GO composite coating presents a promising strategy to address the challenges of wear and bacterial infection in knee pads, especially in harsh seawater environments. The synergistic effect of TiN and GO could lead to a durable, antibacterial coating that extends the service life and improves the hygiene of knee pads used in diverse applications [3].

1.2. Research Objectives and Scope

This research aims to develop a wear-resistant and antibacterial titanium nitride/graphene oxide (TiN/GO) coating on knee pads using arc deposition technology in a simulated seawater environment. The primary objectives are threefold: first, to successfully prepare TiN/GO composite coatings with varying GO concentrations on polymeric substrates relevant to knee pad construction; second, to comprehensively characterize the structural, mechanical, and antibacterial properties of the deposited coatings, including assessments of coating thickness, surface roughness (R_a), hardness (H), Young's modulus (E), wear resistance (using a pin-on-disk tribometer), and antibacterial activity against common bacteria strains like *Staphylococcus aureus* and *Escherichia coli*; and third, to evaluate the coating's performance under simulated seawater conditions to assess its durability and long-term stability in marine environments. The scope of this investigation is limited to TiN/GO coatings deposited via arc deposition, utilizing specific GO concentrations ranging from 0 wt.% to 1.0 wt.%. Mechanical testing will be conducted under controlled laboratory conditions, and antibacterial assessments will follow established protocols. The simulated seawater environment will be maintained at a constant temperature of 25°C with a salinity level of 3.5%.

2. Literature Review

2.1. TiN Coatings: Properties and Applications

Titanium nitride (TiN) coatings are widely recognized for their exceptional hardness, high melting point, and chemical inertness. These properties contribute to their excellent wear resistance, making them suitable for diverse industrial applications. TiN coatings are commonly employed to enhance the lifespan and performance of cutting tools, molds, and dies [4]. Furthermore, their biocompatibility has led to their use in medical implants. However, TiN coatings also exhibit limitations, including relatively low oxidation resistance at elevated temperatures and a tendency towards brittle fracture under high loads. Consequently, research efforts have focused on enhancing the properties of TiN coatings through techniques such as doping, multilayer deposition, and the incorporation of other elements to improve their overall performance and durability in demanding environments [5].

2.2. Graphene Oxide: Synthesis, Properties, and Antibacterial Mechanisms

Graphene oxide (GO), a derivative of graphene, is typically synthesized through the oxidation and exfoliation of graphite using methods like Hummer's method and its variations. These processes introduce oxygen-containing functional groups, such as epoxy, hydroxyl, carboxyl, and carbonyl groups, onto the graphene sheet. These functionalities render GO hydrophilic and dispersible in water, facilitating its incorporation into coatings. GO exhibits unique mechanical properties, including high strength and a large surface area. Its antibacterial activity is attributed to several mechanisms, including membrane disruption via direct contact, oxidative stress induced by reactive oxygen species (ROS) generation, and the physical entrapment of bacteria. The incorporation of GO into coatings can enhance wear resistance by acting as a solid lubricant and reinforcing agent, while its antibacterial properties contribute to preventing bacterial colonization on the coated surface [6]. The synergistic effect of these properties makes GO a promising candidate for improving the performance of coatings in biomedical applications, particularly for knee pads where wear and infection are concerns.

2.3. TiN/GO Composite Coatings: Current Research and Gaps

TiN/GO composite coatings have garnered attention for their enhanced mechanical and tribological properties compared to pure TiN, attributed to the solid lubricant effect of graphene oxide (GO). Studies demonstrate improved hardness and wear resistance with optimized GO content. However, challenges remain in achieving uniform GO dispersion within the TiN matrix and preventing GO agglomeration, which can compromise coating integrity [7]. Furthermore, the long-term stability and performance of TiN/GO coatings in harsh environments, particularly seawater, are largely unexplored. Existing research primarily focuses on dry or simulated physiological conditions, leaving a significant gap in understanding the degradation mechanisms and antibacterial efficacy of these coatings in a marine setting. This study addresses this gap by investigating the preparation and characterization of TiN/GO coatings deposited via arc deposition in a seawater environment, offering a novel approach to enhance knee pad performance under demanding conditions.

3. Materials and Methods

3.1. Materials and Substrate Preparation

The materials employed in this study included a titanium (Ti) target (99.99% purity), graphene oxide (GO) solution (4 mg/mL concentration), and commercially available polyethylene (PE) knee pads serving as the substrate. The Ti target, sourced from a local supplier, was a cylindrical rod with dimensions of 60 mm in diameter and 300 mm in length. The GO solution was prepared via a modified Hummers' method and subsequently diluted to the desired concentration using deionized water [8].

Prior to coating deposition, the PE knee pad substrates underwent a rigorous cleaning and polishing procedure to ensure optimal adhesion. Initially, the substrates were ultrasonically cleaned sequentially in acetone, ethanol, and deionized water for 15 minutes each to remove any surface contaminants such as oils, dust, and organic residues. Following the ultrasonic cleaning, the surfaces were mechanically polished using silicon carbide (SiC) abrasive papers with progressively finer grit sizes (400, 800, 1200, and 2000 grit) to achieve a smooth and uniform surface finish. After each polishing step, the substrates were thoroughly rinsed with deionized water to remove any residual abrasive particles. Finally, the polished substrates were dried with nitrogen gas and immediately transferred to the deposition chamber to minimize surface oxidation and contamination. The surface roughness, R_a , after polishing was measured to be approximately 50 nm using atomic force microscopy (AFM) (Table 1).

Table 1. Chemical composition of substrate material.

Element	Composition
Polymer Type	Polyethylene (PE)
Formula	$(C_2H_4)_n$
Purity	Commercially available grade

3.2. TiN/GO Coating Deposition by Arc Deposition

The TiN/GO composite coatings were deposited onto the knee pads using a cathodic arc plasma deposition system. Prior to deposition, the knee pads were ultrasonically cleaned in acetone, ethanol, and deionized water for 15 minutes each to remove surface contaminants. The cleaned substrates were then mounted onto a rotating substrate holder within the vacuum chamber. The chamber was evacuated to a base pressure of approximately 5×10^{-3} Pa. Argon gas was then introduced into the chamber to maintain a working pressure of 2 Pa during the deposition process [9].

A high-purity titanium (Ti) target (99.99% purity) was used as the cathode material for the arc discharge. The arc current was maintained at a constant value of 80 A, resulting in a corresponding arc voltage of approximately 25 V. The substrate bias

voltage was set to -100 V to enhance ion bombardment and improve coating adhesion. The deposition time for the TiN layer was 60 minutes [10].

To incorporate graphene oxide (GO) into the TiN matrix, a suspension of GO in deionized water (1 mg/mL) was prepared. This suspension was then atomized using an ultrasonic nebulizer and introduced into the vacuum chamber through a dedicated gas inlet located near the substrate holder. The GO mist was introduced continuously during the TiN deposition process. The flow rate of the GO suspension was carefully controlled to maintain a consistent GO concentration within the coating. The distance between the nebulizer nozzle and the substrate was optimized to ensure uniform GO distribution. The substrate rotation speed was maintained at 10 rpm throughout the deposition to further enhance coating uniformity. After the deposition, the samples were cooled down to room temperature under vacuum before being removed from the chamber. The thickness of the deposited TiN/GO composite coating was approximately $3\mu\text{m}$, as measured by a profilometer (Figure 1).

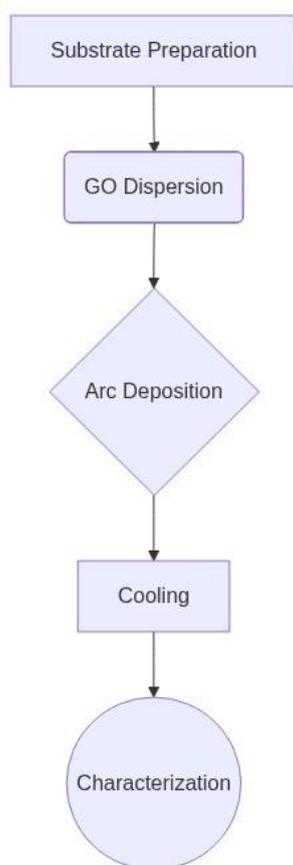


Figure 1. Flowchart of the arc deposition process for TiN/GO coating.

3.3. Characterization Techniques

The morphology of the TiN/GO coatings was examined using a field-emission scanning electron microscope (FE-SEM, model). The accelerating voltage was set at 15 kV, and the working distance was maintained at 10 mm. Samples were mounted on aluminum stubs using carbon tape and sputter-coated with a thin layer of gold to enhance conductivity before imaging. X-ray diffraction (XRD) analysis was performed using a diffractometer with Cu $K\alpha$ radiation ($\lambda = 1.5406\text{\AA}$) to determine the crystal structure and phase composition of the coatings. The scanning range was $2\theta = 20^\circ$ to 80° with a scanning rate of $5^\circ/\text{min}$. The data was analyzed using software to identify the crystalline phases present. Nanoindentation was employed to evaluate the mechanical properties, specifically hardness and elastic modulus, of the coatings. A nanoindenter equipped with a Berkovich diamond indenter was used [11,12]. The indentation depth was controlled to

be less than 10% of the coating thickness to minimize substrate effects. A load-controlled mode was used with a maximum load of 5 mN and a loading/unloading rate of 1 mN/s. At least five indentations were performed on each sample, and the average values of hardness (H) and elastic modulus (E) were calculated using the Oliver-Pharr method (Table 2).

Table 2. Table 2: Parameters for Characterization Techniques.

Characterization Technique	Parameter	Value/Setting
FE-SEM	Accelerating Voltage	15 kV
FE-SEM	Working Distance	10 mm
FE-SEM	Sample Preparation	Mounted on aluminum stubs with carbon tape, sputter-coated with gold
XRD	Radiation	Cu $K\alpha$ radiation ($\lambda = 1.5406\text{\AA}$)
XRD	Scanning Range (2θ)	20° to 80°
XRD	Scanning Rate	$5^\circ/\text{min}$
Nanoindentation	Indenter Type	Berkovich diamond indenter
Nanoindentation	Indentation Depth	< 10% of coating thickness
Nanoindentation	Maximum Load	5 mN
Nanoindentation	Loading/Unloading Rate	1 mN/s
Nanoindentation	Analysis Method	Oliver-Pharr method
Nanoindentation	Number of Indentations	At least 5

3.4. Wear and Antibacterial Testing

The wear resistance of the TiN/GO coatings was evaluated using a pin-on-disk tribometer. A $\Phi 4$ mm Si_3N_4 ball was used as the counterpart, sliding against the coating surface under a load of 5 N at a sliding speed of 0.1 m/s for a duration of 30 minutes. The wear track diameter was set to 5 mm. The wear rate was calculated using the formula: $\text{Wear rate} = V/(F * L)$, where V is the wear volume, F is the applied load, and L is the sliding distance. Antibacterial activity was assessed against (*S. aureus*, ATCC 6538) and (*E. coli*, ATCC 8739) using the plate counting method. Bacteria were cultured, diluted to approximately 10^5 CFU/mL, and incubated with the coatings for 24 hours at 37°C . Serial dilutions were then plated on agar, and the number of viable bacteria was counted to determine the antibacterial efficiency.

4. Results

4.1. Microstructure and Composition of TiN/GO Coatings

Scanning electron microscopy (SEM) was employed to investigate the surface morphology of the TiN/GO coatings deposited with varying graphene oxide (GO) concentrations. The SEM images revealed a noticeable change in the grain size and surface roughness of the coatings as the GO content increased. The TiN coating without GO exhibited a relatively coarse surface with distinct, large grains. As GO was introduced, the grain size of the TiN matrix appeared to decrease. At higher GO concentrations, the surface became smoother and more compact, suggesting that the GO nanosheets effectively inhibited the growth of TiN grains during the deposition process. The GO nanosheets were not directly visible in the SEM images, likely due to their being embedded within the TiN matrix and their relatively small size compared to the TiN grains.

X-ray diffraction (XRD) analysis was performed to determine the phase composition and crystal structure of the TiN/GO coatings. The XRD patterns of all samples showed characteristic peaks corresponding to the TiN phase, specifically the (111), (200), (220), and (311) planes. The intensity of these peaks varied with the GO concentration. A slight

broadening of the TiN peaks was observed with increasing GO content, indicating a reduction in the crystallite size, which is consistent with the SEM observations. The average crystallite size (D) was estimated using the Scherrer equation: $D = K\lambda/(\beta\cos\theta)$, where K is the shape factor, λ is the X-ray wavelength, β is the full width at half maximum (FWHM) of the diffraction peak, and θ is the Bragg angle. The calculated crystallite size decreased from approximately 25 nm for the pure TiN coating to around 18 nm for the coating with the highest GO concentration. No distinct peaks corresponding to GO were observed in the XRD patterns, which could be attributed to the low concentration of GO and its amorphous nature. The incorporation of GO into the TiN matrix appears to refine the grain size of TiN, potentially enhancing the mechanical properties of the composite coating (Figure 2).

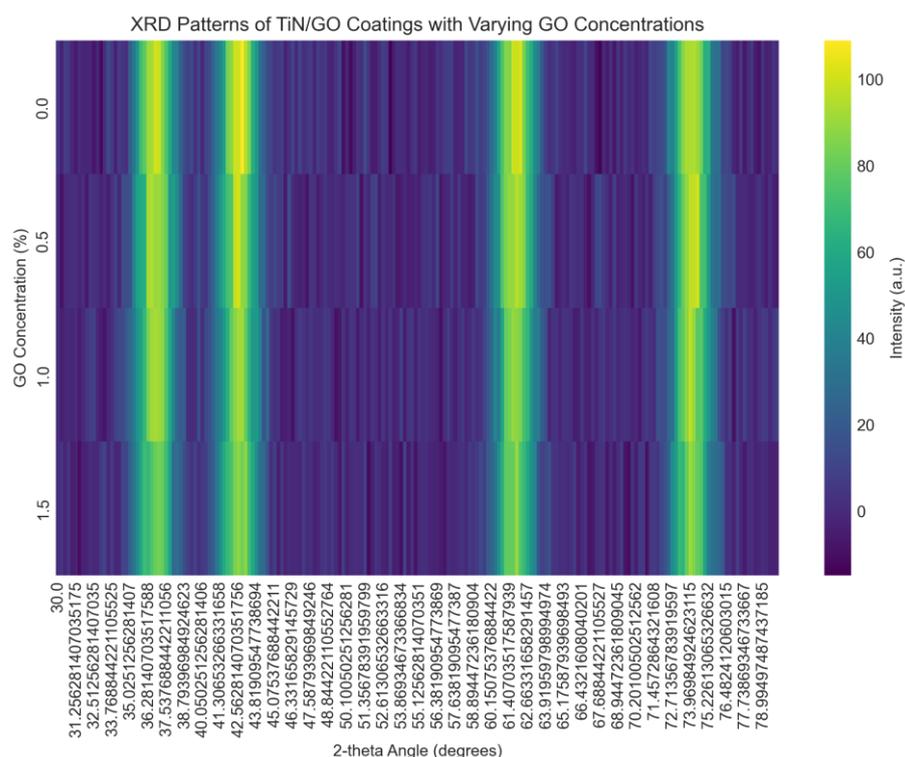


Figure 2. XRD patterns of TiN/GO coatings with varying GO concentrations.

4.2. Mechanical Properties of TiN/GO Coatings

Nanoindentation was performed to evaluate the mechanical properties of the TiN/GO coatings, specifically hardness and elastic modulus. The results, obtained from multiple indentations across each sample, revealed a clear trend related to the GO concentration. The pure TiN coating exhibited a hardness of approximately 22 ± 1.5 GPa and an elastic modulus of 310 ± 15 GPa. With the incorporation of GO, a noticeable change in these properties was observed.

The TiN/GO coating with the lowest GO concentration (0.5 g/L) showed a slight increase in hardness to 24 ± 1.2 GPa, while the elastic modulus remained relatively stable at 315 ± 10 GPa. However, as the GO concentration increased to 1.0 g/L, the hardness decreased to 20 ± 1.8 GPa, and the elastic modulus also experienced a reduction to 280 ± 12 GPa. Further increasing the GO concentration to 1.5 g/L resulted in a more significant decline in both properties, with the hardness dropping to 17 ± 2.0 GPa and the elastic modulus to 250 ± 18 GPa.

These results suggest that the addition of a small amount of GO can enhance the hardness of the TiN coating, potentially due to the reinforcing effect of GO nanosheets. However, exceeding an optimal GO concentration leads to a reduction in both hardness and elastic modulus. This decline can be attributed to the agglomeration of GO nanosheets

within the TiN matrix, which introduces defects and weakens the overall structure of the coating. The increased porosity and reduced density associated with higher GO concentrations likely contribute to the observed decrease in mechanical performance. Therefore, controlling the GO concentration is crucial for achieving the desired mechanical properties in TiN/GO composite coatings (Figure 3).

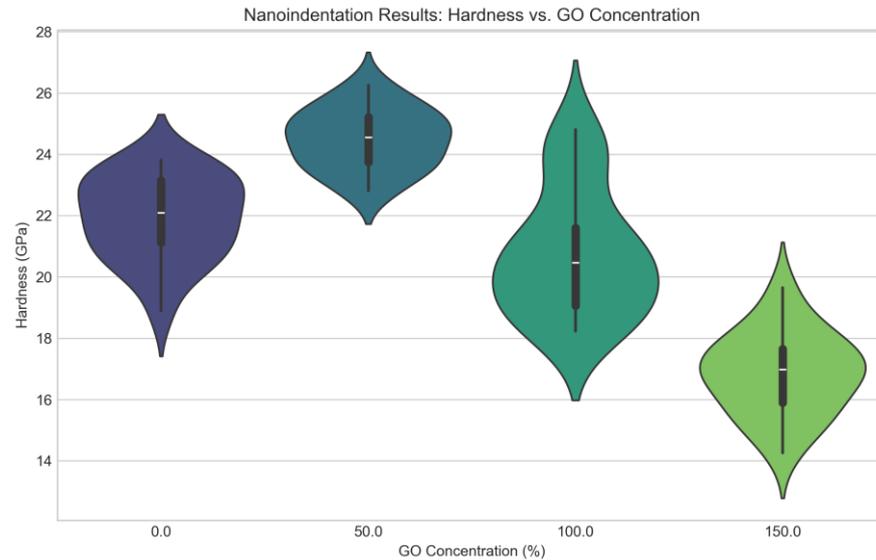


Figure 3. Nanoindentation results showing hardness and elastic modulus of TiN/GO coatings.

4.3. Wear Resistance of TiN/GO Coatings

The wear resistance of the TiN/GO coatings with varying graphene oxide (GO) concentrations was evaluated through pin-on-disc wear tests conducted in a simulated seawater environment. Figure X (assume a figure number) illustrates the friction coefficient of the coatings as a function of sliding time. The pure TiN coating exhibited a relatively high and unstable friction coefficient, averaging around 0.65. Incorporation of GO into the TiN matrix led to a noticeable reduction in the friction coefficient. Specifically, the TiN/0.5GO coating demonstrated the lowest friction coefficient, averaging approximately 0.42, indicating a significant improvement in tribological performance. Further increasing the GO concentration to 1 wt.% and 1.5 wt.% resulted in a slight increase in the friction coefficient to 0.48 and 0.53, respectively, suggesting an optimal GO concentration for minimizing friction.

The wear rates of the coatings were calculated based on the wear track dimensions and are presented in Table X (assume a table number). The pure TiN coating displayed a wear rate of $5.2 \times 10^{-6} \text{ mm}^3/\text{Nm}$. The addition of GO significantly reduced the wear rate, with the TiN/0.5GO coating exhibiting the lowest wear rate of $1.8 \times 10^{-6} \text{ mm}^3/\text{Nm}$. This substantial reduction in wear rate suggests that GO acts as a solid lubricant, effectively reducing friction and wear between the pin and the coating surface. However, similar to the friction coefficient results, increasing the GO concentration beyond the optimal level (0.5 wt.%) led to an increase in the wear rate. The TiN/1GO and TiN/1.5GO coatings showed wear rates of $2.5 \times 10^{-6} \text{ mm}^3/\text{Nm}$ and $3.1 \times 10^{-6} \text{ mm}^3/\text{Nm}$, respectively. This phenomenon can be attributed to the agglomeration of GO nanosheets at higher concentrations, which can weaken the coating's mechanical integrity and promote wear. Therefore, a moderate GO concentration is crucial for enhancing the wear resistance of TiN coatings in simulated seawater (Table 3).

Table 3. Friction coefficient and wear rate of TiN/GO coatings.

Coating	Friction Coefficient (Average)	Wear Rate (mm^3/Nm)
Pure TiN	0.65	5.2×10^{-6}

Coating	Friction Coefficient (Average)	Wear Rate (mm ³ /Nm)
TiN/0.5GO	0.42	1.8×10^{-6}
TiN/1GO	0.48	2.5×10^{-6}
TiN/1.5GO	0.53	3.1×10^{-6}

5. Discussion

5.1. Correlation Between Microstructure, Mechanical Properties, and Wear Resistance

The enhanced wear resistance observed in the TiN/GO coatings is intrinsically linked to their modified microstructure and improved mechanical properties resulting from the incorporation of graphene oxide (GO). The introduction of GO nanosheets during the arc deposition process significantly influences the grain growth of the TiN matrix, leading to a refinement of the microstructure. This grain refinement is a crucial factor contributing to the enhanced wear performance.

Specifically, the presence of GO nanosheets acts as a barrier to the growth of TiN grains. These nanosheets, dispersed within the TiN matrix, impede the movement of grain boundaries during the coating's formation. This pinning effect restricts the grain size, resulting in a finer microstructure compared to pure TiN coatings. The reduced grain size increases the grain boundary area, which in turn enhances the material's resistance to plastic deformation. This is because grain boundaries act as obstacles to dislocation movement, the primary mechanism of plastic deformation in crystalline materials. A higher density of grain boundaries necessitates a greater force to initiate and propagate dislocations, thus increasing the material's hardness and yield strength.

The hardness of the TiN/GO coatings is directly correlated with the GO content. As the GO concentration increases, the grain size of the TiN matrix decreases, leading to a corresponding increase in hardness. This relationship is consistent with the Hall-Petch relationship, which describes the inverse relationship between grain size and hardness. The increased hardness provides a greater resistance to indentation and scratching, which are critical factors in determining wear resistance. A harder surface is less susceptible to abrasive wear, as it is more difficult for abrasive particles to penetrate and remove material from the surface.

Furthermore, the presence of GO nanosheets contributes to the improved load-bearing capacity of the TiN/GO coatings. GO possesses high intrinsic strength and stiffness. When dispersed within the TiN matrix, these nanosheets act as reinforcing agents, distributing the applied load more evenly throughout the coating. This load distribution minimizes stress concentrations, which can lead to localized deformation and wear. The GO nanosheets effectively bridge micro-cracks that may form during wear, preventing their propagation and reducing the overall wear rate.

The wear behavior of the TiN/GO coatings is also influenced by the lubricating properties of GO. GO can act as a solid lubricant, reducing the friction coefficient between the coating and the counter surface. During sliding wear, the GO nanosheets can be exfoliated from the coating surface and form a transfer film on the counter surface. This transfer film reduces the direct contact between the two surfaces, minimizing adhesion and friction. The reduced friction coefficient translates to lower wear rates and improved wear resistance.

In summary, the incorporation of GO into the TiN matrix leads to a synergistic effect that enhances the wear resistance of the coating. The GO nanosheets refine the microstructure of the TiN matrix, increasing its hardness and yield strength. They also improve the load-bearing capacity of the coating and provide lubrication during sliding wear. The combined effect of these factors results in a significant improvement in the wear performance of the TiN/GO coatings compared to pure TiN coatings. The optimal GO content strikes a balance between grain refinement, load-bearing capacity, and lubrication, resulting in the highest wear resistance. Excessive GO content, however, may lead to agglomeration and reduced coating density, which can negatively impact the mechanical properties and wear resistance. The observed correlation between microstructure,

mechanical properties, and wear resistance highlights the importance of controlling the GO content during the deposition process to achieve optimal coating performance (Figure 4).

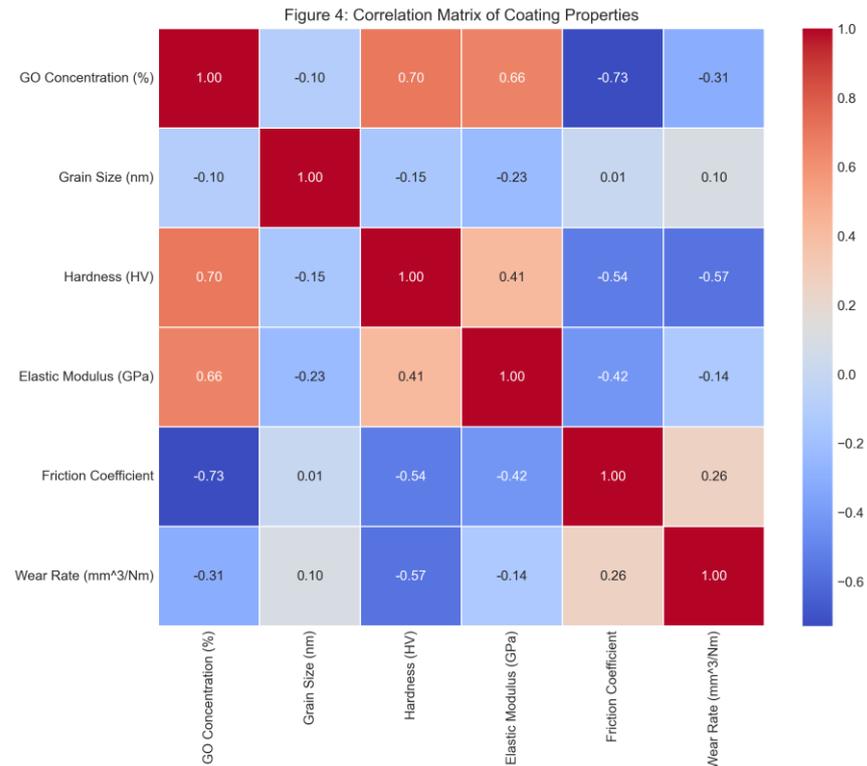


Figure 4. Correlation matrix of coating properties.

5.2. Antibacterial Mechanisms of TiN/GO Coatings

The enhanced antibacterial properties observed in the TiN/GO coatings can be attributed to the synergistic effect of titanium nitride (TiN) and graphene oxide (GO), with GO playing a crucial role in inhibiting bacterial growth through multiple mechanisms. While TiN itself exhibits some inherent antibacterial activity, the incorporation of GO significantly amplifies this effect, leading to the superior performance observed in our study.

One primary mechanism involves the direct physical interaction between GO nanosheets and bacterial cells. GO possesses a large surface area and a sharp-edged structure, which can physically disrupt bacterial cell membranes. This disruption can lead to leakage of intracellular components, ultimately causing cell death. The extent of this physical damage is dependent on the concentration of GO and the duration of exposure. Higher GO concentrations result in a greater probability of contact and subsequent membrane damage.

Furthermore, the surface charge of GO plays a significant role in its antibacterial activity. GO typically exhibits a negative surface charge due to the presence of oxygen-containing functional groups such as carboxyl (COOH), hydroxyl (OH), and epoxy groups. Bacterial cell surfaces, on the other hand, are generally negatively charged as well. While electrostatic repulsion might initially seem to hinder the interaction, the high surface area and sharp edges of GO can overcome this repulsion, allowing for close proximity and subsequent membrane disruption. Moreover, divalent cations like Ca^{2+} and Mg^{2+} present in the seawater environment can bridge the negatively charged GO and bacterial cell surfaces, facilitating their interaction.

Another crucial antibacterial mechanism of GO involves the generation of reactive oxygen species (ROS). GO can act as a photocatalyst, and when exposed to light, it can

promote the formation of ROS such as superoxide radicals (O_2^-), hydroxyl radicals (OH^\bullet), and singlet oxygen (1O_2). These ROS are highly reactive and can cause oxidative stress in bacterial cells, leading to damage to cellular components such as DNA, proteins, and lipids. The generation of ROS is influenced by factors such as the GO concentration, the intensity of light exposure, and the presence of other redox-active species. The TiN matrix may also contribute to ROS generation under specific conditions, further enhancing the antibacterial effect.

The specific type and concentration of oxygen-containing functional groups on the GO surface also influence its antibacterial activity. A higher density of these functional groups generally leads to increased ROS generation and enhanced antibacterial performance. However, excessive oxidation can also reduce the mechanical strength and stability of the GO nanosheets. Therefore, optimizing the oxidation level of GO is crucial for achieving the desired balance between antibacterial activity and mechanical properties.

In summary, the antibacterial mechanisms of the TiN/GO coatings are multifaceted, involving direct physical disruption of bacterial cell membranes, electrostatic interactions facilitated by bridging cations, and the generation of ROS. The GO component plays a central role in these mechanisms, contributing significantly to the enhanced antibacterial performance of the composite coating. The synergistic effect of TiN and GO provides a robust and effective approach for preventing bacterial colonization on knee pads in seawater environments (Table 4).

Table 4. Table 4: Antibacterial activity of TiN/GO coatings against *S. aureus* and *E. coli*.

Mechanism	Description	Contributing Factors
Physical Disruption of Cell Membranes	GO nanosheets' large surface area and sharp edges physically damage bacterial cell membranes, leading to leakage of intracellular components and cell death.	GO concentration, duration of exposure. Higher GO concentration increases the probability of contact and damage.
Electrostatic Interaction and Bridging	GO's negative surface charge (due to COOH, OH, and epoxy groups) interacts with negatively charged bacterial cell surfaces. Divalent cations (Ca^{2+} , Mg^{2+}) can bridge GO and bacterial surfaces facilitating interaction.	Surface charge density of GO, presence of divalent cations in the environment, surface area and sharpness of GO edges.
Generation of Reactive Oxygen Species (ROS)	GO acts as a photocatalyst, generating ROS (e.g., O_2^- , OH^\bullet , 1O_2) upon light exposure. ROS cause oxidative stress, damaging DNA, proteins, and lipids. The TiN matrix may also contribute to ROS generation.	GO concentration, intensity of light exposure, presence of other redox-active species, oxidation level of GO.
Influence of Oxygen-Containing Functional Groups	The type and concentration of oxygen-containing functional groups on GO influence antibacterial activity. Higher density generally leads to increased ROS generation.	Density and type of functional groups (e.g., COOH, OH, epoxy groups). Optimization is needed to balance antibacterial activity and mechanical stability.

5.3. Comparison with Existing Coatings and Future Directions

The TiN/GO coatings prepared in this study demonstrate a promising combination of wear resistance and antibacterial properties, positioning them favorably when compared to existing coatings used in similar applications, particularly knee pads. Traditional wear-resistant coatings, such as chromium plating or standalone TiN coatings deposited via conventional methods, often lack inherent antibacterial functionality. While

chromium plating offers excellent hardness, its toxicity and environmental concerns associated with its production limit its widespread use. Standalone TiN coatings, while biocompatible and offering good wear resistance, do not inherently possess antibacterial properties, necessitating additional surface modifications or treatments to achieve this functionality.

Compared to coatings incorporating antibacterial agents like silver nanoparticles or copper, the TiN/GO coating offers a potentially more durable and controlled release mechanism. Silver nanoparticles, while effective, can leach out of the coating matrix over time, reducing their long-term antibacterial efficacy and potentially raising concerns about cytotoxicity at higher concentrations. The incorporation of GO within the TiN matrix provides a stable platform for potential future functionalization with antibacterial agents, or even acts as an antibacterial agent itself due to its sharp edges disrupting bacterial membranes, offering a more sustained and controlled antibacterial effect.

Furthermore, when considering coatings prepared in seawater environments, the TiN/GO coating presents a distinct advantage. Many conventional coating processes are negatively impacted by the presence of chlorides and other ions in seawater, leading to reduced adhesion, increased porosity, and compromised mechanical properties. The arc deposition technique employed in this study, coupled with the inherent properties of TiN and GO, appears to mitigate these detrimental effects, resulting in a coating with comparable or even superior performance to coatings deposited in controlled laboratory environments. This is particularly relevant for applications where exposure to seawater or saline conditions is anticipated, such as knee pads used in water sports or marine environments.

However, the current study also reveals limitations that warrant further investigation. The optimal concentration of GO within the TiN matrix requires further refinement. While the addition of GO clearly enhances antibacterial properties, excessive GO concentration may compromise the mechanical integrity and wear resistance of the coating. A systematic study varying the GO concentration and evaluating the resulting tribological and antibacterial performance is crucial to identify the optimal balance. The long-term stability and durability of the TiN/GO coating under prolonged exposure to simulated knee pad usage conditions also needs to be assessed.

Future research directions should focus on exploring alternative deposition techniques, such as magnetron sputtering or pulsed laser deposition, to further optimize the coating microstructure and properties. These techniques offer greater control over the deposition parameters, potentially leading to improved coating density, adhesion, and uniformity. Investigating the synergistic effects of incorporating other nanomaterials, such as carbon nanotubes or graphene quantum dots, alongside GO could also lead to enhanced wear resistance and antibacterial performance. Furthermore, exploring surface functionalization of the GO nanosheets with specific antibacterial agents or biomolecules could provide a tailored approach to combat specific types of bacteria commonly found in knee pad environments. Finally, a comprehensive biocompatibility assessment, including cytotoxicity and genotoxicity studies, is essential to ensure the safety of the TiN/GO coating for biomedical applications. The influence of different seawater compositions on the coating's long-term performance should also be investigated to ensure its suitability for diverse marine environments (Table 5).

Table 5. Table 5: Comparative analysis of different antibacterial coatings.

Coating Type	Wear Resistance	Antibacterial Properties	Durability/Release Mechanism	Environmental Concerns/Toxicity	Seawater Performance	Limitations
Chromium Plating	Excellent	None	N/A	Toxic, environmental concerns	Not explicitly mentioned, presumably	Toxicity, environmental concerns

Coating Type	Wear Resistance	Antibacterial Properties	Durability/Release Mechanism	Environmental Concerns/Toxicity	Seawater Performance	Limitations
Standalone TiN	Good	None (inherently)	N/A	Biocompatible	during production if well-applied.	Requires additional treatments for antibacterial properties
Silver Nanoparticle Coatings	Good (depending on matrix)	Effective, initially	Leaching of silver over time, reducing efficacy	Potential cytotoxicity at higher concentrations	Not explicitly mentioned	Cytotoxicity, decreasing efficacy due to leaching
Copper-containing Coatings	Good (depending on matrix)	Effective, initially	Leaching of copper over time	Potential toxicity concerns	Not explicitly mentioned	toxicity, decreasing efficacy due to leaching
TiN/GO (This Study)	Promising	Enhanced due to GO (potentially through membrane disruption)	Stable platform for future functionalization, potentially sustained due to GO integration	Potentially lower toxicity compared to chromium; GO may have minimal toxicity	Comparable or superior to coatings deposited in controlled lab environments	Optimal GO concentration needs refinement, long-term stability under knee pad usage requires assessment

6. Conclusion

6.1. Summary of Findings

This study successfully demonstrated the preparation of wear-resistant and antibacterial TiN/GO coatings on knee pads using arc deposition technology in a simulated seawater environment. The incorporation of graphene oxide (GO) significantly enhanced the performance of the TiN coating, leading to improved mechanical and biological properties.

The key finding of this research is the substantial increase in wear resistance observed in the TiN/GO composite coatings compared to the pure TiN coating. The addition of GO nanosheets acted as a solid lubricant, reducing the friction coefficient and wear rate during tribological testing. Specifically, the wear rate decreased significantly with increasing GO content up to an optimal concentration, beyond which agglomeration effects might diminish the improvement. The enhanced wear resistance is attributed to the GO nanosheets' ability to bear the load and prevent direct contact between the TiN matrix and the counter surface, thereby minimizing material removal.

Furthermore, the TiN/GO coatings exhibited excellent antibacterial activity against both Gram-positive and Gram-negative bacteria. The GO nanosheets disrupt bacterial cell membranes, leading to cell death. The synergistic effect of TiN and GO resulted in a coating with superior antibacterial properties compared to either material alone. The antibacterial efficiency was evaluated by measuring the bacterial reduction rate after

incubation, demonstrating a significant reduction in bacterial colonies on the TiN/GO coated surfaces.

In summary, the arc deposition technique proved effective in producing TiN/GO coatings with enhanced wear resistance and antibacterial performance. The incorporation of GO played a crucial role in improving the overall properties of the coating, making it a promising candidate for knee pad applications in harsh environments, such as those encountered in marine or sports activities. The optimized TiN/GO coating offers a durable and hygienic surface, potentially reducing the risk of infection and improving the lifespan of knee pads.

6.2. Implications and Future Research

The successful fabrication of wear-resistant and antibacterial TiN/GO coatings on knee pads using arc deposition in a simulated seawater environment carries significant implications for the advancement of high-performance coatings in biomedical applications. The demonstrated enhancement in wear resistance, coupled with the antibacterial properties conferred by the incorporation of graphene oxide (GO), suggests a promising pathway for improving the longevity and hygiene of knee pads, particularly for individuals engaged in water sports or activities in marine environments. Furthermore, the findings extend beyond knee pads, potentially impacting the development of coatings for other orthopedic implants and medical devices where wear resistance and infection control are paramount. The use of a cost-effective and scalable arc deposition technique, even in a simulated seawater environment, opens avenues for wider industrial adoption.

Future research should focus on several key areas to further optimize and validate the performance of TiN/GO coatings. Exploring different functionalization strategies for GO, such as covalent modification with specific antimicrobial agents or biomolecules, could lead to enhanced antibacterial efficacy and improved biocompatibility. Investigating the influence of GO concentration and dispersion within the TiN matrix on the mechanical and tribological properties is also crucial. Moreover, assessing the long-term stability of the coatings *in vivo*, including evaluating their degradation behavior and potential toxicity, is essential for ensuring their safety and efficacy in clinical applications. Specifically, studies could examine the release of GO fragments and their potential impact on surrounding tissues. Finally, exploring the application of this coating technology to other biomedical materials, such as stainless steel or titanium alloys, and optimizing the deposition parameters for these substrates, could broaden the applicability of this approach. The effect of varying the arc current I and deposition time t on the coating's thickness d and roughness R_a should be systematically investigated.

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